



S W I M

B I K E

H I K E

NATURE CHASE

The Epic Challenge!

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SAT
9/10/2021

NATIONAL PARKS
MARINE
QUILL
BOVEN
& BOTANICAL GARDEN

NATIONAL PARKS NATURE CHASE

The Epic Challenge!

STENAPA's NATURE CHASE is on Saturday, October 9, 2021.

This 'triathlon' will give people the opportunity to experience all 3 National Parks and the Botanical Garden in 1 day.

Participants can join the chase as either individuals or in teams, in either 1, 2 or all 3 legs.

The fee for teams is \$25 per person with 1 person per event.

Individuals - 1 event - \$25/ 2 events -\$40 / 3 events - \$65

End time estimated 4:00pm

Refreshments

and a small celebration will be held at the STENAPA Office in lieu of the prize giving event later or the following day.

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SWIM

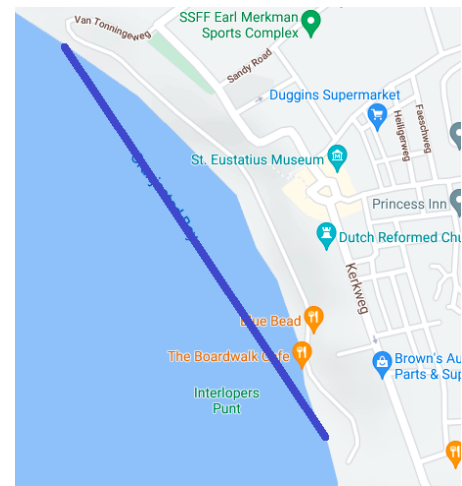
The first leg of the event is the swimming leg. Participants will be fresh and rested. They start the race at Smoke Alley Beach on Oranjobaaiweg, then along the submerged historical city wall to end at Baby Beach at the Statia Harbour. We expect our swimmers to pace themselves.

The starting signal will go off at **7:30 am**

Estimated duration: **30-45 minutes**

Approximate distance: **1 km**

Assistance will be provided by The STENAPA Marine Team and others along the Swimming Route. If at anytime you cannot continue, or have any difficulty, they will be there to help you.



Allowed: Wetsuit, any stroke(s), practice, courage

Not allowed: flotation or swimming assists (fins, mask, snorkel, webbed fingers).

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BIKE

Starting at Baby Beach, you will ride along Oranjebaaiweg and Von Tonningenweg, then turning left onto Sandy Road. You will exit Sandy Road on first left onto 'Parallel Road', using the roundabout to go to the entrance of the Boven National Park. Turn around here and use the roundabout to get to return to 'Parallel-Road' and then right unto Sandy Road.

Make a left on Von Tonningenweg, to Paramiraweg and take the first right to get to Fort Oranjestraat, turn right then take the last left beside the Government Guest House. You will pass Wilhelmina Park, Rosemary Lane and continue all the way to Fort Windt, south of The Quill National Park. You turn around here, making a right onto Rosemary Lane, which you will bike all the way to Welfare Road. You turn left on Welfare Road, continue until you reach Millard Road. Descend until you reach the fork in the road. Turn around and head right unto Lodi. Travel until you reach Schropon Road, then Masionweg. Turn left then right onto Sandy Road, Von Tunningweg Oranjebaaiweg and then end the race at the STENAPA Office.

Bring your own bicycle or rent from

Golden Rock Bikes

+599 319 1196 / US Cell +1 908 417 1129

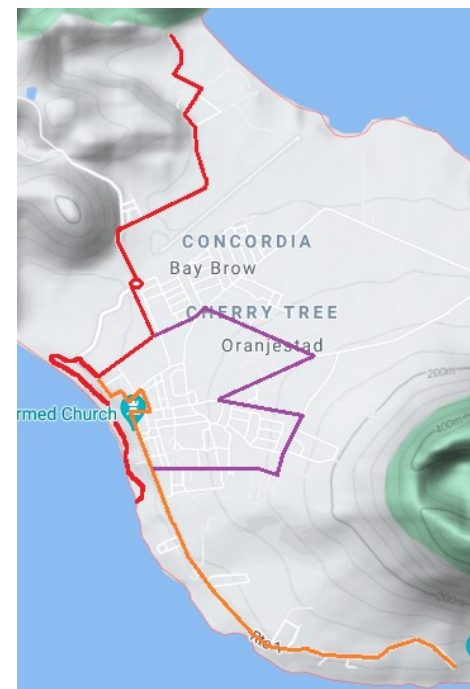
goldenrockbikes@gmail.com

Estimated duration: **1.5-2 hours**

Approximate distance: **18+ km**

Allowed: Water and water bottles, sportsmanship

Not allowed: Motor devices, alcohol, shortcuts



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HIKE

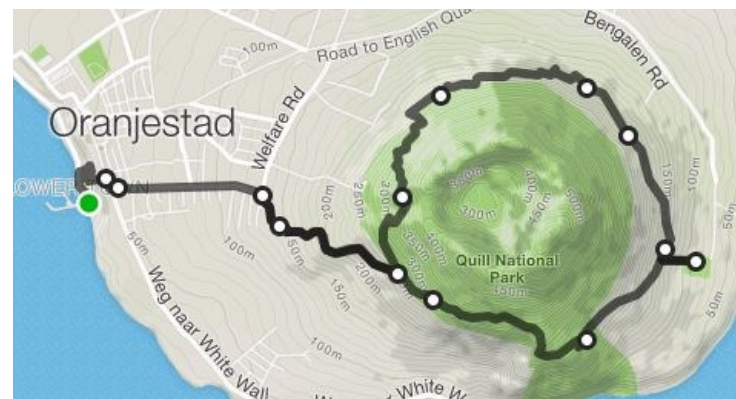
The climb to the Quill also starts at the Tompi Trail, which takes you a few yards from Rosemary Lane, which you will climb to the beginning of the Main Quill Trail, then unto the beginning of the 'Around the Mountain Trail'. You will make a detour to the Miriam C. Schmidt Botanical Garden, follow a path through the garden, then you rejoin the Around the Mountain Trail. Once complete, you will exit the Quill, walk down Rosemary Lane and Tompi Trail, to finally end at the STENAPA Office.

Estimated duration: **5-7 hours**

Approximate distance: **10+ km**

Cut-off time is 1600/4pm.

Use nearest exit around 1530/3:30pm



The Hike Route is over 18 km long. There are three exit points:

1. Botanical Garden 2: Courtars Mountain 3. Welfare Road

A token will represent the end of a section of the hike.

Collect the tokens for all the sections you have completed.

Allowed: Taking photographs, leaving footprints

Not allowed: Removing or damaging any plant or animal, leaving garbage

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REGISTRATION

EMAIL: _____

NAME (1st Team Member): _____

PHONE NUMBER (1st): _____

Participate as: (Y/N) Individual _____ Relay Team (1 Person per event) _____

EVENT: (Y/N) SWIM _____ BIKE _____ HIKE _____
(Relay Team—Mark all events) S&B _____ B&H _____ S&H _____ S/B/H _____

NAME (2nd if applicable): _____

EMAIL (if applicable): _____

NAME (3rd if applicable): _____

EMAIL (if applicable): _____

Emergency Contact Name &
Relation: _____

Emergency Contact Number :

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<https://www.statiapark.org/national-parks-nature-chase/>